

For members only

Rotary



Weekly Bulletin

RY 2024-25



Rotary Club of Cuttack

RID 3262 * Club Id. 16012 * Charter Dt. 04-12-1945
Regd. No. 15794/630 of 1979/80, Odisha, India

R.I. President
Stephanie A. Urchick

District Governor
Yagyansis Mohapatra

Club President
Akshaya Kumar Nayak

Club Secretary
Er. Sunyeswar Swain

Editor
Sujata Priyadarshini

BARABATI

*Today's programme
Talk on Senior Citizen Day
Live longer, live better &
formula to be centenarian.*

EDITORIAL

Aging is a part of life and is considered as a natural process, a universal phenomenon. In old age, a person becomes more and more dependent on others. In this time, self-confidence plays a major role to deal with the age related problems. Self-esteem becomes low which leads to aggression, irritation, and depression. These behaviours make other people difficult to handle the situation. So, it's more important to learn to accept and adjust to the changes. In this new age the advancement of technology and new scientific revolution lead people to live longer with adequate facilities.

It is important to accept the sacrifice the elders made in the past to bring a stable, peaceful, and pleasurable life for the successors. It's time for the young members to take responsibility and impart mental and physical well being by appreciating and supporting the senior citizens.

The main issues the older people face are financial instability, emotional disturbances, age related diseases and loneliness. Rotary can take initiative to deal with these issues by organising

community services, health and wellness camps, assisting in personal care, transportation & household jobs. It can also educate them in financial planning, use of technology and legal matters. It can also educate young people to be caregivers.

-Editor

OUR GUEST

Prof. Dr. Niranjan Tripathy



Prof. Dr. Niranjan Tripathy, born in 1942 had a brilliant academic career and won scholarships during his school and college days. He passed MD, General Medicine in 1972 and had fellowships in all the super speciality of General Medicine.

Prof. Tripathy joined Odisha Medical Service in 1965 and took voluntarily retirement in 1980 under protest. He taught at SCB Medical College and later joined MA Medical College, Hisar, Haryana as Professor and HOD Medicine and was instrumental in recognizing the

Medical College as the Post Graduate Institute. He is currently President Odisha Hematology Association and President Gokulanand Mahapatra Foundation, Cuttack, and Life member of almost 15 Professional Medical Associations.

He is an active Rotarian and was organizing Chairman for Puri Rotary International Conference in 2001. He led a Rotary International Group Study Exchange to USA from India as a leader and goodwill ambassador for Professional training for six weeks. He has organized more than 100 mega Health & Eye Camps in different districts of Odisha and Haryana.

He is a social activist and was Chairman - Juvenile Welfare Board, Cuttack from 1989 to 2005.

He was member in the Governing Body of SCB Medical College, Cuttack, Odisha Red Cross. He is presently Secretary - Sarala Sahitya Sansad, a Prestigious Literary Organization. Founder President - Nursinghanath Rural Health Centre in Jagatsinghpur district, and more than 20 social and cultural organizations including "Basundhara", CDA, Cuttack.

He published more than 40 original scientific articles in national and international peer reviewed journals, including American Heart

Journal, Indian Heart Journal and Journal of Association of Physicians of India. He published and broadcast more than 1000 popular science articles in print and electronic media like Newspapers, All India Radio and Doordarshan. He published 11 books. His book "Adhunik Roga Vigyan" is best seller for 10 years and ran into 10 imprints. His regular column on health "Swasthya hin Sampada - Paramarsha", is being published in widely circulated odia daily "The Samaja" every week for last five years.

He has travelled more than 50 major countries in the world and has attended more than 100 national and international conferences in India and abroad.

He has been honoured by his Excellency Governor of Odisha, Odisha Sahitya Academy, Bigyan Prachar Samiti and more than 20 other organizations.

Recently Prof. Niranjan Tripathy was awarded with Prof. P.K. Parija and Prof. Harihar Pattanayak memorial awards for popularizing Medical Science in Odia language and having research articles published in National and International Medical Journals.

Happily married to Prof. Dr. Bishnupriya Debi, former Professor and HOD, Dermatology, SCB Medical College, Cuttack, is blessed with a daughter, Prof. Dr. Arpita Priyadarshini, who is

presently Professor - Physiology and in-charge Sleep Medicine at DRIMS Medical College, Tangi, Cuttack.

DISTRICT EVENTS



On 21st August, a blood donation camp held at MANUU. 51 units of blood was collected. The camp was organised by All Madad Foundation in collaboration with R. C. Cuttack, Redcross Society and MANUU.



On 25th August, Rtn. Sunyeswar Swain, Secretary RCC attended the Installation ceremony of RC Cuttack Cantonment at OCA Conference Hall.

MINUTES OF WEEKLY MEETING NO.3753 DTD.20.08.2024 HELD AT CUTTACK CLUB -Annex -I.

The weekly meeting scheduled for the evening with Club President & Club Secretary being on the dais and club members having assembled Chief Speaker, Members, and Guests were welcomed, the meeting being called to order, all present joined in singing the National Anthem and also observed silence for one minute praying to the Almighty for World Peace &

Better Understanding. Minutes of the last weekly meeting was confirmed by members from the weekly bulletin which had been circulated. Chief Speaker Brahma Kumari Geetanjali escorted to the dais by Rtn. Babita Pattanaik, welcomed with a bouquet. Rtn Suryakant Dasmohapatra made the fellowship announcement & Rtn Er. Sunyeswar Swain, Secretary presented club's weekly activities & reports of club projects. President made a statement regarding readmission of Rtn Ranjit Kumar Dash & thereafter Dr. Narayan Chandra Pal was inducted by PDG A B Mohapatra as a new member of our Club & he was also welcomed to our Rotary family. Rtn. Babita Pattanaik introduced the Chief Speaker, thereafter the Chief Speaker gave a talk on Rakshya Bandhan & Spiritual empowerment through practice of Raja yoga. She also elaborated about home & sweet home, she explained in sweet home there is respect, love & affection among family members. Then she performed the Rah Yoga followed by all Rotarians & guests present. Then as the token of love the gift was presented to her. President felicitated Rtn. PP. Sujitav Satapathy for most courteously dressed Rotarian. Then vote of thanks being extended by Rtn. Sujata Priyadarshini, President Elect and statistics were read out by Rtn. Dr. Malaya Malla & meeting stood adjourned for celebration of Raksha Bandhan. B K

Geetanjali along with other B K Sisters tied sacred Rakhi & distributed Prasad. Then all enjoyed the Hi-Tea sponsored by PP Rtn. Sashi Sekhar Samal.

Rtn. Er. Sunyeswar Swain-Secretary

BIRTHDAYS

26.08 PP Rtn. Jagabandhu Sahoo

NO ANNIVERSARIES

BARABATI felicitates members who have celebrated their birthdays.

NEXT WEEK

03.09.24-Weekly meeting & Pre-Teachers Day Celebration.

August is the month of membership and New Club development.

LAST WEEKLY MEETING





Last week's events

JPM RCC Eye Hospital & RI



SRCCSCH



DLTC



Paper clippings

ଉତ୍କଳ ବିଶ୍ୱବିଦ୍ୟାଳୟରେ ରଜୁଦାନ ଶିବିର

କଟକ, ୨୪/୮ (ଆ.ପ୍ର): ଶ୍ରୀମତୀ ସାମଲ ଦାନାୟା କର୍ମ ସମିତିର ପରିଚାଳନାରେ ଏକ ରଜୁଦାନ ଶିବିର ଆୟତ୍ତ ହୋଇଥିଲା। ଶ୍ରୀମତୀ ସାମଲ ଦାନାୟା କର୍ମ ସମିତିର ପରିଚାଳନାରେ ଏକ ରଜୁଦାନ ଶିବିର ଆୟତ୍ତ ହୋଇଥିଲା। ଶ୍ରୀମତୀ ସାମଲ ଦାନାୟା କର୍ମ ସମିତିର ପରିଚାଳନାରେ ଏକ ରଜୁଦାନ ଶିବିର ଆୟତ୍ତ ହୋଇଥିଲା।

ମହମବତି ଶୋଭାଯାତ୍ରା



କଟକ, ୨୪/୮ (ଆ.ପ୍ର): ରୋଟାରୀ କ୍ଲବ ଅଫ କଟକ ପକ୍ଷରୁ ସିତିଏସ୍ଟି ଜେପିଏମ ରୋଟାରୀ କ୍ଲବ କଟକ ଚକ୍ଷୁ ଚିକିତ୍ସାଳୟ, ଠାକୁ ଜୟ ପ୍ରକାଶ ନାରାୟଣ ପାକ ପର୍ଯ୍ୟନ୍ତ ଏକ ମହମବତି ଶୋଭାଯାତ୍ରା କରାଯାଇଥିଲା। ଏଥିରେ କ୍ଲବର ସଭାପତି ଅକ୍ଷୟ କୁମାର ନାୟକ, ଶୁଭେଶ୍ୱର ସ୍ୱାଇଁ ପ୍ରମୁଖ ଉପସ୍ଥିତ ଥିଲେ।